

# THE FIVE SEEDS® of Effective Leadership

## SUMMER 2024 COHORT

Date / Time	Module	Hrs
<b>Wk #1</b>		
<b>May 15, 2024: 10:00a - 3:00p (HST)</b>	<b>Introduction to THE FIVE SEEDS® of Effective Leadership</b>	1.0
<i>Includes an hour break from 12:00 - 1:00p (HST)</i>	<i>Overview of course curriculum</i>	
	<b>THE SEED of Perspective - Module 1: The Big "M" Word</b>	1.0
	<i>Where leadership begins and ends.</i>	
	<b>THE SEED of Perspective - Module 2: Creating a Culture of Confidence</b>	2.0
	<i>How attitude influences behavior and impacts the organizational climate.</i>	
<b>May 17, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of Perspective - Module 3: Leading Yourself Through Tough Times</b>	4.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>How to stay centered, make wise decisions and reduce stress when faced with difficult people or situations.</i>	
<b>Wk #2</b>		
<b>May 22, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of Purpose - Module 1: Making a Positive Difference</b>	4.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>How to discover your life's calling, boost energy and find fulfillment.</i>	
<b>May 24, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of Purpose - Module 2: Two Outcomes Every Leader Must Achieve</b>	4.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>How to deliver short-term efficacy and long-term transformation.</i>	
<b>Wk #3</b>		
<b>May 29, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of Principles - Module 1: Foundational Patterns of Leadership Success</b>	4.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>Proven elements of leadership and organizational effectiveness.</i>	
<b>May 31, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of Principles - Module 2: Why Leaders Fail</b>	3.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>A critical distinction that can make-or-break your leadership.</i>	
	<b>MID-SESSION OPEN Q&amp;A</b>	1.0
<b>June 3 - 7, 2024: MID-PROGRAM BREAK (NO CLASSES THIS WEEK)</b>		
<b>Wk #4</b>		
<b>June 12, 2024: 10:00a - 3:30p (HST)</b>	<b>THE SEED of Process - Module 1: Getting Things Done</b>	4.5
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>How to leverage your time and achieve results in five key steps.</i>	
<b>June 14, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of Process - Module 2: Elevating the Customer Experience</b>	4.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>How to deliver extraordinary quality and service.</i>	
<b>Wk #5</b>		
<b>June 18, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of Process - Module 3: Building a High-Performance System</b>	4.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>How to organize, orchestrate and optimize your team and workflows.</i>	
<b>June 21, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of People - Module 1: The Key to Preventing Workplace Drama</b>	4.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>How to set clear expectations and manage difficult employees.</i>	
<b>Wk #6</b>		
<b>June 26, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of People - Module 2: Growing Peak Performers</b>	3.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>A blueprint for developing competent and committed team members.</i>	
	<b>THE SEED of People - Module 3: Four Practical Protocols to Develop Skill</b>	1.0
	<i>How to build competence through enhanced communication and effective teaching.</i>	
<b>June 28, 2024: 10:00a - 3:00p (HST)</b>	<b>THE SEED of People - Module 3: Four Practical Protocols to Develop Skill - cont'd</b>	1.0
<i>Includes a one hour break from 12:00 - 1:00p (HST)</i>	<i>How to build competence through enhanced communication and effective teaching.</i>	
	<b>THE SEED of People - Module 4: Three Powerful Ways to Inspire Will</b>	2.0
	<i>How to:</i> <ul style="list-style-type: none"> <li>• Deliver Meaningful Praise</li> <li>• Listen to and Handle Complaints</li> <li>• Resolve Conflicts</li> </ul>	
	<b>CLOSING REVIEW &amp; OPEN Q&amp;A</b>	1.0
<b>Note: All sessions will be held live over Zoom (details and links to be provided). Each participant is required to log on separately (no group log-ons). Participants are also expected to be on camera. Four hour sessions will include a one hour break. All other sessions will include hourly stretch breaks.</b>		